

## The Eden SDA School

## SEX & RELATIONSHIP EDUCATION POLICY

## **Purpose:**

Approval Body: SLT Lead Person: Lead Governor for Policy: Date of Approval: Last Review Date: Proposed reviewed Date: Board of Governors Mrs Lynthia Grant Mrs Laura Osei July 2010 July 2020 July 2021

## Sex and Relationship Education Policy & Scheme

Children learn about SRE as part of their personal, social and health education. SRE is not isolated but is taught within the framework of caring relationships, families, friends, values and responsibility. A whole range of teaching approaches are used which will allow children to learn in a caring and sensitive way. Teachers are sensitive to religious, cultural and family values and ensure that all children's backgrounds and experience are recognised and valued. The scheme of work is progressive and the learning in each year group builds on previous learning.

YEAR 5 Autumn Term

Locate and name the parts of the body including sex organs - boy and girl

The main stages of the human life cycle

Emotional and physical changes in puberty

Growing up - menstruation. Coping with first period, sanitary protection

YEAR 6 Summer term

Recap on emotional and physical changes in puberty

Recap on menstruation

How a baby is conceived - stressing the importance of an established, loving relationship

The birth of a baby

Knowledge that pregnancy can be prevented through use of contraception (no detailed teaching about contraception)

Revision of SRE as necessary when dealing with pupil questions

Please note:

Correct vocabulary will be taught for body parts. Whilst it may be appropriate to use nicknames for body parts at home, in school it is essential to learn and use the correct terminology. This ensures universal understanding, clarity, respect and manners

Some sessions may be delivered in single sex groups

Hounslow SRE team or other specialist may help to deliver teaching sessions

Classes will establish a set of agreed ground rules to be followed during SRE sessions.

NB: Parents have the right to withdraw their child from SRE except that which is statutory within the science national curriculum. If you wish to withdraw your child, please put this in writing to the Head Teacher, detailing the aspects you do not want your child to participate in.