

# PSHE Policy

The Eden School



**Approved by:**

The Board of  
Governors

**Date:** 31<sup>st</sup> of August 2024

**Last reviewed on:**

1<sup>st</sup> September 2025

**Next review due by:**

31<sup>st</sup> August 2026

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### 1. Aims:

At The Eden School, our Personal, Social, Health, and Economic (PSHE) education is rooted in our Seventh-day Adventist Christian values. Our aim is to provide students with the knowledge, skills, and understanding to lead lives of moral integrity, spiritual depth, and social responsibility. Our PSHE curriculum seeks to:

- Foster respect, empathy, and love for others, mirroring Christ's teachings of compassion and justice.
  - Equip pupils with the skills to make informed, responsible, and moral decisions.
  - Promote physical, mental, and spiritual well-being in alignment with holistic education principles.
  - Support pupils in understanding their role in society as stewards of creation, grounded in the values of service, kindness, and community.
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### 2. Statutory requirements:

PSHE is a non-statutory subject. However, at The Eden School, we are required to teach aspects of relationships and sex education (RSE) and health education as set out in the statutory guidance.

As a faith-based school, our approach to these topics reflects our commitment to the Seventh-day Adventist belief in the sanctity of life, purity, and personal responsibility. All lessons are taught in a way that aligns with our Christian values, respecting the moral boundaries set by scripture and church teaching.

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### 3. Content and delivery:

#### 3.1 What we teach:

In accordance with statutory guidance, we cover topics related to:

- Relationships education
- Health education, including physical health and mental well-being
- Economic and career education in a manner that promotes stewardship and responsible financial management

Additional content related to Christian service, moral integrity, and spiritual growth is interwoven throughout our PSHE curriculum.

#### 3.2 How we teach it:

- PSHE lessons are delivered weekly by form tutors or specialist teachers.
- Whole-school assemblies, special events, and religious education lessons also provide opportunities to reinforce PSHE themes.
- Our curriculum integrates practical service-learning activities, encouraging pupils to live out the values of compassion and justice in their communities.

- Teachers are trained to handle controversial topics with sensitivity, always framing them within the context of our school's Adventist ethos.
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## **4. Roles and responsibilities:**

### **4.1 The governing board:**

The governing board will approve the PSHE policy and ensure it aligns with The Eden School's ethos and values. They will hold the headteacher accountable for its implementation.

### **4.2 The headteacher:**

The headteacher is responsible for ensuring that PSHE is taught consistently across the school, integrating Christian principles throughout the curriculum.

### **4.3 Staff:**

- All staff are responsible for modelling Christ-like values in their interactions with pupils.
- Staff delivering PSHE must ensure that lessons align with our Adventist beliefs, emphasizing respect, kindness, and moral purity.

### **4.4 Pupils:**

Pupils are expected to engage fully in PSHE lessons, embodying the values taught in school and demonstrating respect and care for others.

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## **5. Monitoring arrangements:**

The delivery of PSHE will be monitored by the Senior Leadership Team through learning walks, lesson observations, and pupil feedback. Feedback from parents will also be considered, ensuring that the curriculum reflects both the school's faith-based values and the needs of the community.

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## **6. Links with other policies:**

This policy links to the following:

- Relationships and Sex Education (RSE) policy
  - Behaviour policy
  - Anti-bullying policy
  - Child Protection and Safeguarding policy
  - Health and Safety policy
  - SEND policy
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This PSHE policy for The Eden School reflects our unwavering commitment to educating the whole child—intellectually, emotionally, and spiritually—guided by the principles of our Seventh-day Adventist faith. We are dedicated to preparing our students to live lives of service, stewardship, and moral integrity.